

AWARDS

Prizes awarded to in-person participants only

Overall Winners Run: Male & Female
Overall Winners Walk: Male & Female

Simpson County Winner Run: Male & Female
Simpson County Winner Walk: Male & Female

Awards will also be presented to the top 3 finishers (male & female) in both the run and the walk in each of the following age groups:

14 & under	30 - 34	50 - 54	70 - 74
15 - 19	35 - 39	55 - 59	75 & above
20 - 24	40 - 44	60 - 64	
25 - 29	45 - 49	65 - 69	

Cash Prizes

Overall Winners Run (Male & Female): \$100
Overall Winners Walk (Male & Female): \$75

Overall winners cannot win age categories

CONTACT

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sthurmond@f-schamber.com

CONTRIBUTING SPONSORS

- | | |
|---------------------------------------|---|
| City of Franklin | NHK |
| Franklin Bank & Trust | Price Less IGA |
| Franklin Favorite | Simpson Co. Fiscal Court |
| Franklin Precision Industry | South Central Bank |
| Franklin-Simpson Industrial Authority | Southcentral Kentucky Community & Technical College |
| German American Bank | Wilkins Eye Care |
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| Legacy Group Properties | |

A Bowling Green Road Runners Grand Prix Event



Presented by
Med Center Health
The Medical Center at Franklin

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P.O. Box 513, Franklin, Ky 42135

FRANKLIN-SIMPSON CHAMBER OF COMMERCE

40th Annual

GARDEN SPOT 5K RUN & WALK



AUGUST 13, 2022

RAIN OR SHINE!

proudly presented by:



Med Center Health
The Medical Center at Franklin

a community event since 1982



KIDS FUN RUN

Friday, August 12, 2022
Children 10 & Under
Free • 6:00 PM

Starting 6:00 pm at Franklin City Hall, College Street Side. All participants will receive medals and a coupon for a free kid's scoop of ice cream at Chaney's Dairy Barn.

ENTRY FEES

Pre-Registration: \$20 (ends 8/5/22)
On Site Registration: \$30

Mailed Registrations should be postmarked no later than August 5. T-shirts are guaranteed to those who pre-register by August 5. Race day registrants will receive a T-shirt on a first-come, first-serve basis, while supplies last. You must be 8 years old to register.

Timing for both start and finish lines. Microchip electronic timing technology guarantees accurate and instant results!

Race Day • August 13, 2022
Registration • 5:30 - 6:45 am

START TIMES

Registration will **STOP promptly at 6:45 am** to allow for electronic timing entry.

7:30 am for Runners
7:32 am for Walkers

LOCATION

START and FINISH at Simpson County Courthouse on Franklin's historic downtown square - College Street side (one block west of US 31W/Main Street).

Course Description - The Garden Spot Run is a mostly flat course through a residential area.

For the safety of all participants, no animals are allowed on the race course.

TEAM CHALLENGES

All Challenge Trophies are presented by Franklin-Simpson Industrial Authority

Corporate Challenge - The corporate Challenge is for any Simpson County business or industry that would like to participate. Awards will be given to corporations with the greatest number of employees participating in the following classes:
100 employees and above
100 employees and below

Team Challenge - The Team Challenge is for any church or school that would like to participate. Awards will be given to the team with the greatest number of participants in each category.

*To set up your team, please contact
Cristi Freese at cfreese@f-schamber.com*

TEAMS WITH 15 OR MORE PARTICIPANTS PRE-REGISTERING BY JULY 15 MAY CHOOSE THE TEAM COLOR FOR T-SHIRTS. COLORS MAY BE CHOSEN ON A FIRST-COME, FIRST-SERVE BASIS.

VIRTUAL RACE

Registration: \$20
Registration Ends: 8/5/2022

Participants will receive a finishers certificate and t-shirt.
Times can be entered August 1 thru August 13.

REGISTRATION

Complete This Form & Submit To:

FS Chamber of Commerce; PO Box 513
Franklin, Kentucky 42135

OR REGISTER ONLINE AT WWW.RUNSIGNUP.COM



In-Person Virtual

Name _____

Address _____

City, State, Zip _____

Area Code, Phone # _____

Email (optional) _____

Male Female

Age (as of 8/14/21) _____

Simpson County Resident

Choose Event 5K Run 5K Walk

Shirt Size (check one): S M L XL XXL
Other: _____

Strictly a walking event. Trotters will be disqualified.

Amount Enclosed \$ _____

Cash Check

BY REGISTERING TO PARTICIPATE IN THE GARDEN SPOT RUN, I, FOR MYSELF, MY EXECUTORS, ADMINISTRATORS AND ASSIGNEES, DO HEREBY RELEASE AND DISCHARGE ALL SPONSORS, CITY OF FRANKLIN, COUNTY OF SIMPSON, FRANKLIN-SIMPSON CHAMBER OF COMMERCE AND INDIVIDUALS ASSISTING IN THE PRESENTATION OF THE RUN FROM ALL CLAIMS OF DAMAGES, DEMANDS, ACTIONS WHATSOEVER IN ANY WAY ARISING OR GROWING OUT OF MY PARTICIPATION IN SAID ATHLETIC EVENT AND I AM PHYSICALLY FIT AND SUFFICIENTLY TRAINED TO PARTICIPATE IN THIS EVENT. AS PARENT OR LEGAL GUARDIAN OF A PARTICIPANT IN THE GARDEN SPOT RUN, THE ABOVE RELEASE AND DISCHARGE SPECIFICATIONS APPLY.